














November

2024

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

					1	 2 HEALING SOUNDS // 8:30AM
3	 4 SEASONAL INTENSIVE SEMINAR // 10AM	5	6	7  GROUP GUIDED MEDICAL QIGONG SESSION // 7PM	8  QIGONG + YIN YOGA // 10AM	9  HEALING SOUNDS // 8:30AM
10	11	12	13	14  GROUP GUIDED MEDICAL QIGONG SESSION // 7PM	15  QIGONG + YIN YOGA // 10AM	16  HEALING SOUNDS // 8:30AM
17	18	19	20  QIGONG + YIN YOGA // 6:30PM	21	22	23  HEALING SOUNDS // 8:30AM  QIGONG + YIN YOGA // 10AM
 24 SEASONAL INTENSIVE SEMINAR // 7PM	25  1-10 MEDITATION // 5AM	26	27	28	29	30